

Health Risk Assessment

Vehicle Safety

Q19.1 Q19.2

- Never Twice or more
- Once
- Never OK Usually 50-60%
- Sometimes 1-20% Always 80%
- Sometimes 40-70%
- 11-20 mph over 11-20 mph over
- 0-10 miles per hour More than 20 mph over

Physical Activity

- 0 - 1 days a week 1 day a week
- 2 - 3 days a week 4 - 5 days a week
- 6 - 7 days a week Never

Alcohol

- Never, I don't drink alcohol 4 - 14 drinks
- 1 - 2 drinks 15 or more drinks
- 3 - 7 drinks
- Yes No

Stress and Depression

- | Stress | Depression | Stress | Depression | Stress | Depression | Stress | Depression |
|--------|------------|--------|------------|--------|------------|--------|------------|
| 0 | 0 | 1 | 1 | 2 | 2 | 3 | 3 |
| 4 | 4 | 5 | 5 | 6 | 6 | 7 | 7 |
| 8 | 8 | 9 | 9 | 10 | 10 | 11 | 11 |
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